### HomeWard Bound Program

**Description:**

The HomeWard Bound Program at QVHC provides care in an updated environment that no other skilled nursing program offers in the North Quabbin Region. We are the area’s longest running and only Transitional Care Program—we’ve been part of the community for over 50 years.

After Hospitalization, you may require continued care before returning home. That care may include continued skilled nursing services, short-term rehabilitation, or often both. The best way to receive that care is in an environment like QVHC’s where you are surrounded by professionals who work hard to help you return home successfully.

After an illness, surgery, unexpected health event, accident, injury, or for treatment of a chronic illness, your choice for transitional care is an important factor in the overall success of your outcome.

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### Clinical Capabilities

**The HomeWard Bound Program at QVHC offers a full array of skilled services including:**

- Physician Services
- Physician Specialists
- Pain Management with State of the Art Modalities
- IV therapies
- Comprehensive Wound Care
- Certified Wound Nurse
- Pain management
- Enteral therapies
- Complex medical care
- Respiratory Services Program
- HIV/AIDS
- Tracheostomy Management, Weaning, and Decannulation
- Dysphagia management
- Diabetes management
- End of life care, palliative care and Hospice

**The Goal-oriented rehab services include:**

- Orthopedic rehab for fractures, joint replacement, and degenerative joint diseases
- Stroke rehab and recovery
- Neurological rehab
- Cardio-pulmonary rehab for chronic obstructive pulmonary diseases, heart failure, and recovery after coronary bypass surgery
- General rehab services that treat a multitude of conditions
- Cognitive rehabilitation and speech therapy

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**Call the admissions office at 978-249-3717 to learn more. Visit us online at qvhc.com**

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**Your Team**

The HomeWard Bound Program’s wide range of services include physical, occupational, and speech therapies, nursing care, care management, medication teaching, recreational activities and social events, social services, discharge planning, physician specialists and consults, and more.

The rehab department is staffed by QVHC employees who are on site daily providing treatments and specialized therapies specific to your condition. The program is led by a Doctorate of Physical Therapy and staffed by licensed Physical, Occupational, and Speech therapists, and licensed assistants. Each person at QVHC is dedicated to helping you achieve your goals, regain strength, control, mobility, and independence, so you can get home quicker and with a greater chance of success.
Transitional care is more than a label or place; it's a care model that surrounds you with experts who are focused on your recovery. Without these experts by your side, you can reduce the chances of a successful recovery and often times will need to return to the hospital.

Choose Quabbin Valley Healthcare and you will be on your way to a more successful outcome.

When you choose Quabbin Valley Healthcare, you’ve chosen the best care in the best environment.

Visit us online at qvhc.com