

Choose HomeWard Bound

Transitional care is more than a label or a place; it's a care model that surrounds you with experts who are focused on your recovery. With these experts by your side, you can increase the chances of a successful recovery and lessen the likelihood of returning to the hospital.

Choose Quabbin Valley Healthcare's HomeWard Bound program, and you're choosing attentive caregivers and patient-centered care in the best possible environment. You'll be on your way to a more successful outcome.



Visit us online at qvhc.com

Transitional Care

Transitional Care Program

HomeWard▶Bound



Quabbin Valley Healthcare

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Short-Term Rehab, Alzheimer's Care, Long-Term Care



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After a hospital stay, you may need continued care before returning home. That extra care could be additional skilled nursing services, short-term rehabilitation, or both. We call this “transitional care.”

Whether your hospital stay was for an illness, surgery, unexpected health event, accident, injury, or for treatment of a chronic illness, your choice for transitional care is an important factor in the overall success of your recovery.

The best way to receive transitional care is in a program like the HomeWard Bound program at Quabbin Valley Healthcare (QVHC), where you will be surrounded by highly qualified professionals who work hard to help you return home with the greatest possible strength and confidence.

QVHC has been part of the community for over 56 years. Our HomeWard Bound program—the area’s *only* transitional care program—provides a level of care that no other skilled nursing program in the North Quabbin Region offers, all in an updated environment.

Clinical Capabilities

A Full Array of Skilled Services

- Complex medical care
- Skilled nursing services
- Pain management with state-of-the-art modalities
- IV therapies
- Comprehensive wound care
- Enteral therapies
- Respiratory services
- HIV/AIDS care
- Tracheostomy management, weaning, and decannulation
- Dysphagia management
- Diabetes management
- End-of-life, palliative, and hospice care

Person-Centered Rehab Services

- Orthopedic rehab for fractures, joint replacement, and degenerative joint diseases
- Stroke rehab and recovery
- Neurological rehab
- Cardiopulmonary rehab for chronic obstructive pulmonary disease (COPD), heart failure, and recovery after coronary bypass surgery
- General rehab services treating a multitude of conditions
- Cognitive rehabilitation and speech therapy

HomeWard ▶ **Bound**
The only program of its kind in the North Quabbin Region.

Your Team

HomeWard Bound’s team of on-site physicians, consulting physician specialists, nurses, a certified wound nurse, and rehab therapists will provide you with the skilled care and rehab services listed at left. Your care team will also provide care management, medication education, recreational activities and social events, social services, discharge planning—and more.

Our rehab department is staffed by licensed physical, occupational, and speech therapists, and licensed assistants, all of whom are on site providing treatments and specialized therapies specific to your condition.

Everyone at QVHC is dedicated to helping you achieve your goals and regain strength, control, mobility, and independence, so you can get home quicker and with a greater chance of success.



Call the admissions office at 978-249-3717 to learn more.